

FRIDAYS

Pilates with Jen @ 9.30am

Pilates with Dorota @ 9.30am

Stretch, Flex & Tone @ 9.45am

A light exercise class for the over 60's with Jenny West

Contact Jenny @ jenny_cloisters@yahoo.co.uk or Tel: 01323 848216



SATURDAYS

Pilates with Jen @ 9.30am

Happy Jacks Play Sessions on Saturday mornings.

Contact happyjackseastbourne@gmail.com

DATES – 23rd February, 22nd March,

26th April, 18th May.



SUNDAYS

Hellingly Church FREE Messy Church afternoons 3.30pm-5pm

DATES – 9th March 2025, 18th May 2025, 14th September 2025, 9th November 2025

**THE HELLINGLY HUB'S 'BOOK SWAP'
LIBRARY IS OPEN MONDAY – FRIDAY 9.30am-4pm**

Pop in and swap your old books for a new one.



**Do something amazing
Give blood**



**HELLINGLY
COMMUNITY HUB
IS NOW A BLOOD
DONATION CENTRE**
To book please go to
www.blood.co.uk
21st Feb, 28th Feb,
7th Mar, 14th Mar

**Your local blood
donor centre is
closer than you
might think.**

If you're the **giving type**
book now at blood.co.uk

FOR ALL THE LATEST INFORMATION, PLEASE LIKE OUR FACEBOOK
PAGE @ Hellingly Community Hub



HELLINGLY PARISH COUNCIL

WHAT'S ON @

THE HELLINGLY COMMUNITY HUB



SPRING 2025



The Drive, Hellingly BN27 4EP

Tel: 01323 449415



Email: hubbookings@hellingly-pc.org.uk

Website: www.hellingly-pc.org.uk

Facebook Page Hellingly Community Hub



MONDAYS

Hellihubs – 8.30am – 10am

A **FREE** Parent & Toddler Group run by Hellingly Parish Council
Come along and make new friends, have a cuppa and chat while your little ones play. **No booking required, just pop along.**

Pilates with Jen @ 9.30am

Contact Jen Piper on 07958 519168 or email jen4pilates@aol.com.

Website: www.jen4pilates.co.uk

YOUNG @ HEART over 55's Social Group 10.30am-12.30pm

'A FREE Group for the over 55's who are young at heart'.

Refreshments, Quizzes, Bingo, Activities, Games, Talks and light exercise

No need to book, just come along for a cuppa and make new friends 😊



Zumba Gold with Kiera @ 11am

Contact Kiera Mission Fiit at kiera1.chambers@hotmail.co.uk

Talk & Tea A FREE support Group for all ages run by



The Bodle Street Ladies. Second Monday of every month –

Contact Fiona for more information Tel: 07733 408394

Boot camp Fitness class with Daniel pt @ 6pm-6.45pm

Contact Daniel James on 07882 511602

Pilates with Jen – 2 evening classes @ 6.30pm & 7.30pm

Hailsham Nightingales Women's Institute – 3rd Monday of every month from 7 - 10pm. Contact Katy Layer on kelvinkaty@googlemail.com

Hellingly Bowls Club & Bingo Evenings

Email: joy.norman@hotmail.com Tel: 01323 843990



Farmhouse Breakfast

Saturday 15th February 2025

To book, contact Gill on 01323 844613

Hailsham Young Farmers Quiz Night

Saturday 15th February 2025 7.30pm

To Book please email – hailshamyfc@gmail.com



Hellingly Bowls Quiz Night

Saturday 15th March 2025 – 7pm

To Book Please contact – Mary Smith 01323 848009

TUESDAYS

Baby Ballet – Tuesday mornings (Term Time)

Contact – hailshamandlewes@babyballet.co.uk Tel: 07842 244210



Zumba with Kiera @ 6.30pm

Contact Kiera Mission Fiit at kiera1.chambers@hotmail.co.uk

Hellingly Women's Institute - First Tuesday of every month @ 2.15pm

Contact Lorraine Sparrowhawk on 07854 967934 or email

Ldsparrowhawk@yahoo.com

Short Mat Bowls - 7.30pm – 10.00pm (September – April)

Contact Ann Robinson 01323 318696 or email ann-robinson1@sky.com



WEDNESDAYS

Hellingly Youth Club

School years 5-8 – 6.15pm -7.30pm. School years 8-12 - 7.45pm - 9.00pm

Contact www.hailshamyouthservice.org



THURSDAYS

****NEW** Rhymetime with Alison** 10am - 10.30am

A FREE Parent & Toddler Group run by Hellingly Parish Council. Come along for nursery rhyme singing and instrument playing. No booking required, just pop along. DATES 6th Feb, 20th Feb, 6th March, 20th March, 10th April, 1st May, 15th May, 29th May

Pilates with Jen – 2 evening classes @ 6pm & 7pm

Pilates with Dorota @ 6.30pm Contact dorota.anna.jozwiak@gmail.com

Hailsham and Hellingly Ladies Social Club - 7.30pm-9.30pm

Contact Shirley Thomas on 01323 507670.

Hailsham Photographic Society – 7.30pm-10pm

Contact www.hailshamphotographicsociety.co.uk

